

NEAFAST 2023 Annual Conference: October 20, 2023 -- William James College

Purpose

The 2023 New England Association for Family and Systemic Therapy (NEAFAST) Annual Conference, *Contemporary Family Therapy Across the Life Cycle*, is designed to explore challenges that families are facing in 2023, and discuss strategies and interventions for clinicians to help families navigate these difficulties.

Timeline

- Proposal submission window: April 1-June 1
- Proposal decisions by: June 16
- Conference Date: October 20, 2023

Conference Background

Overview:

Since its inception in 2019, The New England Association for Family and Systemic Therapy (NEAFAST) has dedicated itself to developing continuing education that meets the unique needs of relationships and families in the 2020s. *Contemporary Family Therapy Across the Life Cycle* explores the challenges facing families across four stages of the life cycle: coupling, young children, adolescents and launching, and aging. Learn more about NEAFAST at www.neafast.org.

Conference Audience:

Clinicians who work with relationships and families: students, agency workers, private practice clinicians, and retiring/retired therapists.

General Workshop Information

NEAFAST is seeking proposals for eight to twelve workshops to address our audience of mental health professionals. Workshops should be designed to support systemic thinking in therapy, address clinician needs, and include elements which can be implemented in practice upon conference completion.

Logistics:

- Workshops will be 75 minutes long.
- The first 20 minutes will be a lecture.
- The next 25 minutes will involve breakout groups that revolve around a provocative question(s) that the presenter will provide.

- The next 15 minutes will be a larger group discussion, centered around content from the breakout groups.
- The final 15 minutes will be a question and answer section.

Criteria for Evaluation

- Must be delivered in a 20 minute presentation
- Must have a provocative question(s) that participants can more deeply explore in breakout groups.
- Have clear connection to the goal of enhancing family/relational/systemic therapy
- Introduces ideas and concepts which will enhance competence in clinical practice
- Must contain practical and actionable tools and techniques

Workshop Categories: Contemporary and Timely Issues Pertaining to the Family Life Cycle

- 1. New Relationships and/or Coupling**
- 2. Birthing and/or Young Children**
- 3. Adolescents, Launching, and/or Young Adults**
- 4. Aging**

Proposal Contents

- 1) Name
- 2) Email
- 3) Title of Presentation
- 4) Workshop Category
- 5) Description and rationale (150 words or less)
- 6) Provocative Discussion Question
- 7) Learning Objectives (3)
- 8) Bio, with presenter expertise/experience (100 words or less)
- 9) Literature References (3)
- 10) Resume/CV

Questions & Additional Information

Please submit your proposal at <https://www.neafast.org/2023-annual-conference-rfp>

NEAFAST thanks you very much for your interest! Please contact Jeremiah Gibson at info@neafast.org for more information.